

# Media Release



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## **Regina students provide service to their community**

*March 27, 2018* – Tomorrow, students from Luther College High School in Regina will step outside their regular classes and serve others.

March 28 is the annual Service Day when students volunteer for 24 various projects around the community. This service initiative takes place every year, and all 457 students in the school take part. Part of the school's mission is to create leaders who are engaged citizens.

"We let the students choose which projects they want to be involved in, so we have great buy-in from our students and they see the value in serving others," says Vice Principal Shawn Stieb.

"A critical component of education at Luther College is serving and caring for others."

The theme this year is wellness, which can be physical, but also spiritual, social and emotional.

### **Media are welcome to photograph or report on any of the following service projects.**

1. **New Immigrants Social** – Students are holding an afternoon of food and activities for Syrian refugees and other new immigrants to get to know each other and be welcomed to Regina. A teacher from Luther will be available for interviews at 4:30 p.m, Merlis Belsher Heritage Centre at Luther College High School, 1500 Royal Street.
2. **Coffee & Conversation** – Students will be having coffee and conversation downtown near the Cornwall Centre and on Scarth Street, around 10:00 a.m. They will also be near the Canadian Mental Health Association building after 10:30 a.m.
3. **Random Acts of Kindness** – Students will be downtown and at Victoria Park handing out candy-grams and cards. 10:40 a.m. to noon at the Cornwall Centre, 12:30 to 2 p.m. in Victoria Park and downtown area.
4. **The Kitchen** – Students will be working with two chefs to learn about and cook food (some of which has been donated by local producers). The food will be donated to local community kitchens. St. Mary's Anglican Church, 3337 -15th Avenue from 11 a.m. to noon. Entrance to the church is via double doors on Montague Street.
5. **Elementary Student Physical Fun Day** – Students are planning a day of fun activities for nearby elementary school students from Albert Community School and Rosemont Community School. Luther student Kolby Walker will be on hand to speak about this project between 8:30 to 10 a.m. in the Semple Gym. Elementary students will arrive at 10.

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## **Who We Are**

Luther College High School is a historical independent high school offering grades 9-12, located in Regina, Saskatchewan. Our motto “Quality Education in a Christian context” refers to our emphasis on education of the whole person—intellectually, emotionally, spiritually and physically — within a progressive Christian context, where principles of love, community, grace and forgiveness are paramount.

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