

# Luther College Catering Menu



LUTHER  
 COLLEGE  
 UNIVERSITY OF REGINA

# Introduction

Luther College at the University of Regina offers catering services for events and meetings year-round. Whether we are hosting a wedding reception, anniversary dinner, birthday party or business brunch, our experienced group of food service professionals take care of the details so you and your guests can relax and enjoy yourselves.

Designed to meet your wants and needs, our catering services are very flexible. You can choose between casual sit-down luncheons, formal waited banquets, buffets, and outdoor barbecues. The menu at each event is unique, with food tailored to the occasion and its budget.

## Luther College Catering Menu

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WE CAN ACCOMMODATE SPECIAL DIETS. PLEASE INQUIRE.

We request that catering details be confirmed **five business days** before the event, unless otherwise indicated. If extra attendants or other requests are required for your event, please inquire about pricing.

## Operating Safely During COVID-19

In response to COVID-19, we have made a number of changes in order to provide a safe and welcoming environment for our guests to enjoy our delicious, homemade food as well as a safe working environment for our kitchen team. See page 2 for a list of enhanced safety measures at the Luther Cafeteria.

# Enhanced Safety Measures at the Luther Cafeteria

The following changes are in addition to our standard operating procedures, and are designed to keep our staff and guests safe as well as contribute to combating the spread of COVID-19:

## **Physical Distancing:**

- Signs and floor markings have been installed to encourage physical distancing between guests.
- A plexiglass sneeze guard has been installed to maintain separation between guests and servers for the buffet counter.

## **Reduced Touch Operations:**

- All meals are served by our staff. Takeout orders are separately packaged for guests.
- Tableware has been reduced for dine-in only.
- All condiments are single use.
- Meal plan cards only require a swipe to activate.
- Designated areas have been created for take-out orders to be picked up.

## **Increased Cleaning, Sanitizing, and Disinfecting:**

- Increased cleaning, sanitizing, and disinfecting of all surfaces throughout our kitchen and dining areas.
- Certain high contact points are disinfected after each use. Other contact points are disinfected at least every 30 minutes.
- The chemicals and procedures used at Luther College are effective in combating the spread of germs and viruses, including the coronavirus.

## **Hygiene:**

- Hand washing best practices will continue to be followed by our kitchen team.
- Hand sanitizer is available for guests and our kitchen team to use as they enter/exit the cafeteria and inside of the cafeteria.

## **Personal Protective Equipment:**

- Face masks are worn by all cafeteria staff in public areas.
- Gloves are available for cafeteria staff when handling utensils and cleaning.
- Hand washing best practices will continue to be used by our kitchen team during food preparation.

## **Training:**

- Training has been made available for our kitchen team on all additional safety measures.

# Breakfast

**\$16.50 per person**

*(Based on a minimum of 24 people; smaller groups please inquire.)*

## **HOT ITEMS** *(Choose One)*

French Toast | Pancakes | Waffles

## **EGGS**

Hard Boiled Eggs | Scrambled

## **MEATS**

Bacon | Sausage

## **HASH BROWNS**

## **FRUIT**

Fresh Assorted Fruit

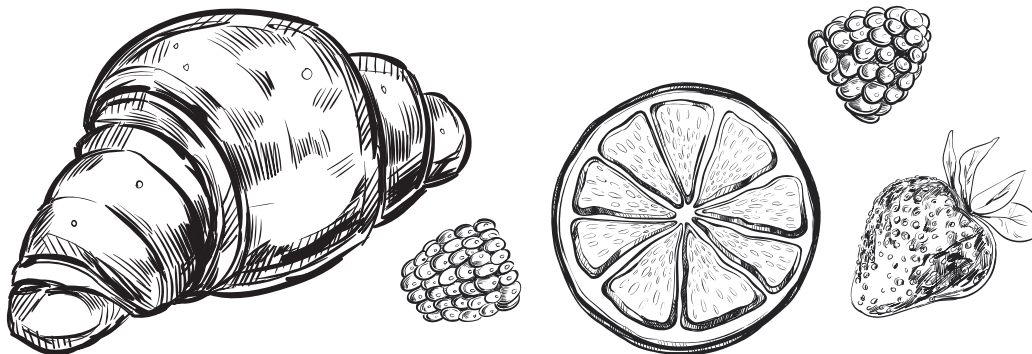
## **ASSORTED BAKED GOODS\***

Danishes, Croissants, Turnovers, Mini Cinnamon Snails, and Mini Muffins.

*\* Additional baking available; please inquire.*

Includes Apple & Orange Juice, Coffee & Tea, Water,  
an assortment of Jams & Jellies, Margarine, and Syrup.

**WE CAN ACCOMMODATE COLD BREAKFAST BOXES FOR PICK UP OR DELIVERY. PLEASE INQUIRE.**



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Include a minimum \$15.00 delivery fee if not served at Luther College.*

# Boxed Lunches

\$15.50 per person

## SANDWICH OR WRAP

Cream Cheese & Tomato Bagel

Chicken Salad

Deviled Egg Salad

Ham & Cheddar

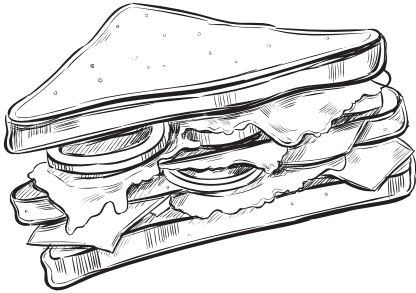
Shaved Roast Beef

Sliced Turkey & Swiss

Tuna Salad

Veggie Ciabatta

*\*Gluten free options available.*



## SALAD (with your Choice of Dressing)

Crisp Mixed Greens

## DESSERTS (Choose One)

Two Cookies | Cupcake | Rice Krispie Square



## FRUIT (Choose One)

Apple | Banana | Orange

## BEVERAGE (Choose One)

Juice Box | Can of Pop | Water



## NOTES:

Please inform us of special dietary needs.

Orders are required within a **minimum of 48 hours** ahead of pick-up. **Please arrange a pick up time when placing your order.** If not picked up at Luther College, there is a minimum \$15.00 delivery fee.

Lunches can be packaged in cardboard boxes or paper bags. Please arrange for proper care and refrigeration of your lunches, and consume your food within **3 hours of pick-up**. Do not eat food that has not been safely stored. Luther College is not responsible for care of food consumed off-site.

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# Lunch Buffet

Available between 11:00 a.m. – 2:00 p.m.  
(Based on a minimum of 12 people.)

## COLD LUNCH BUFFET

**\$18.95 per person**

*Includes the following:*

### **SANDWICH TRAY** (Choose Up to Four)\*

Cream Cheese, Lettuce, & Tomato

Chicken Salad

Deviled Egg Salad

Ham & Cheddar

Shaved Roast Beef

Sliced Turkey & Swiss

Tuna Salad

Veggie Ciabatta

*\*On your choice of White, Whole Wheat,  
Rye, or Flour Tortilla Wrap*

### **SALAD** (Choose One)

Caesar Salad | Mixed Greens

## HOT LUNCH BUFFET

**\$21.95 per person**

*Includes the following:*

### **HOT ENTRÉE** (Choose One)

Lasagna with Garlic Toast

*(our most popular choice)*

BBQ Pulled Pork Sandwiches

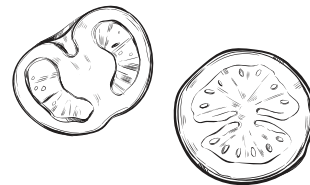
Baked Chicken Alfredo

Perogies, Sausage & Cabbage Rolls

### **SALAD** (Choose One)

Caesar Salad | Mixed Greens

Potato Salad | Coleslaw

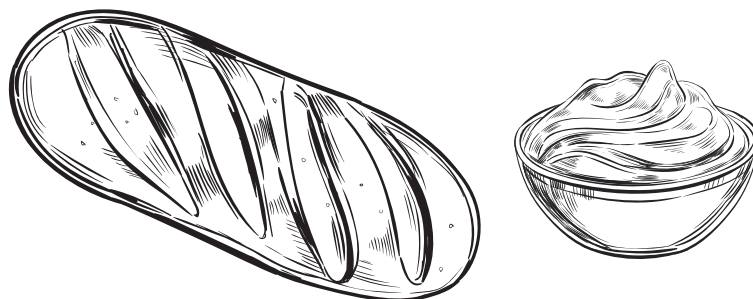


*Cold and Hot Lunch Buffets also include the following:*

## **ASSORTED DAINTY TRAY**

### **ASSORTED BEVERAGES**

Coffee & Tea | Pop & Juice | Water



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# Supper Buffet

*(Based on a minimum of 16 people.)*

## **HOT SUPPER BUFFET**

**\$28.95 per person**

*Includes the following:*

### **HOT ENTRÉE** *(Choose Up to Two)*

Lasagna with Garlic Toast

Oven Roasted Chicken

Perogies, Sausage & Cabbage Rolls

Turkey Dinner with Dressing

Slow Roasted Beef

### **SALAD** *(Choose One)*

Caesar Salad | Mixed Greens

### **HOT VEGETABLES**

Potatoes | Assorted Steamed Vegetables

### **FRESH BUNS**

### **DESSERT** *(Choose One)*

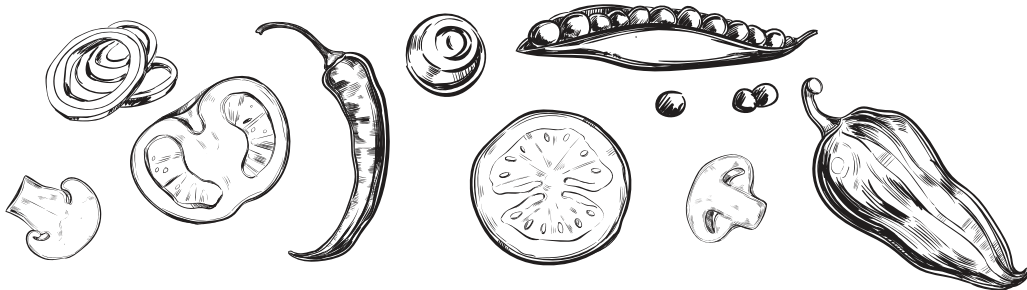
Fresh Baked Pie | Carrot Cake | Dainty Tray

### **ASSORTED BEVERAGES**

Coffee & Tea | Pop & Juice | Water

*Interested in something that is not on the menu?*

*We are very flexible and happy to discuss a custom menu that meets your needs.*



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# Trays & Platters

(Requires a minimum order of 12 people.)

Cheese & Cracker Tray ..... \$6.50 per person

*Includes an assortment of Cheeses (e.g. Cheddar, Mozzarella, Marble, Artisan) and Crackers.*

Vegetable Crudité & Dip Tray ..... \$5.50 per person

*Includes an assortment of Fresh Cut Vegetables served with a Sour Cream and Herb Dip.*

Sandwich & Wrap Tray ..... \$8.95 per person

*(Choose Up to Four)\**

Cream Cheese & Tomato Bagel

Chicken Salad

Deviled Egg Salad

Ham & Cheddar

Shaved Roast Beef

Sliced Turkey & Swiss

Tuna Salad

Veggie Ciabatta

*\*Gluten free options available.*

Chips & Salsa Tray ..... \$4.50 per person

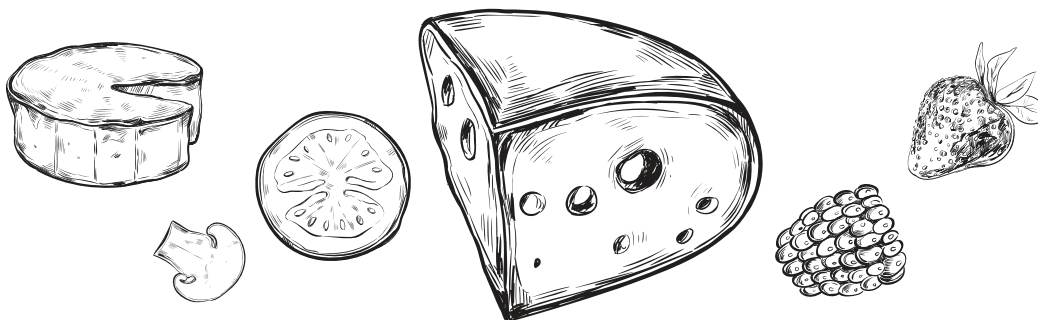
*Includes Fire Roasted Salsa and Tortilla Chips.*

Dessert Square Platter ..... \$5.25 per person

*Includes an assortment of Baker's choice Dainties, Slices, and In-House Made Cookies.*

Fresh Fruit Platter ..... \$5.25 per person

*Includes an assortment of Fresh Fruit (e.g. Apples, Oranges, Melons).*



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# Pizza

All pizzas are 16" thick-crust, made in-house, and serves 3-4 people (eight slices per pizza).

## CREATE-YOUR-OWN

**\$25.00 per pizza with your choice of up to three generous toppings; add \$4.25 per pizza for additional toppings.**

### **Toppings** *(Choose Up to Three)*

Pepperoni | Salami | Ham | Mushrooms  
Pineapple | Onions | Tomatoes | Red or Green Peppers  
Feta | Spinach | Cheese | Bacon | Fresh Basil

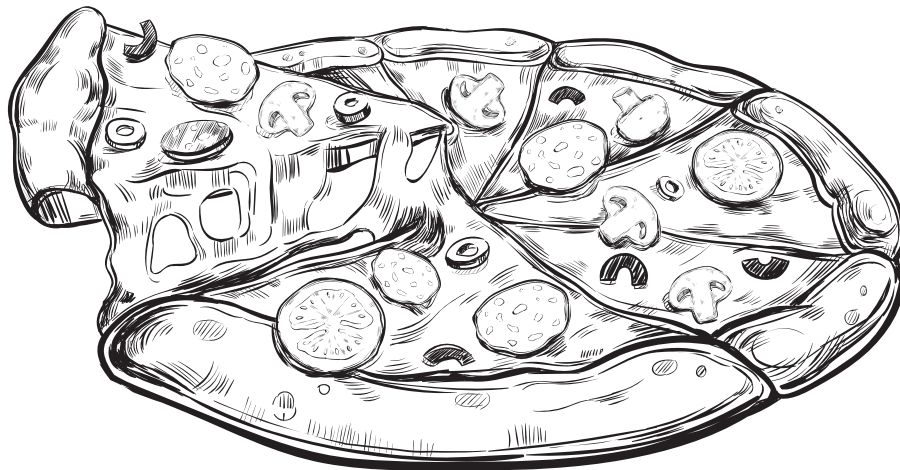
## PIZZA OR LASAGNA PARTY

**\$28.95 per person**

*(Based on minimum of 12 people; smaller groups please inquire.)*

Choice of **Pizza** (*Create-Your-Own*) or **Lasagna** (*Beef, Chicken, or Vegetarian*) served with Caesar Salad, and Garlic Toast.

Includes your choice of Dessert (*Brownies or Cookies*) and Beverage (*Pop or Coffee & Tea, and Ice Water*).



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# Beverages

## HOT

Coffee & Tea Service by the Carafe (*Serves 12 people*) .....\$22.50  
*Includes Coffee, an assortment of Tea, Ice Water, Cups, Creamer, Sweetener, Stir Sticks, and Napkins.*

## COLD

Fruit Juice ..... \$2.50 per box  
Bottled Water ..... \$2.50 per bottle  
Canned Beverages (Pop, Juice, or Water)..... \$2.50 per can  
Punch (Cranberry or Orange; Non-Alcoholic) .....\$18.95 per 4 litres

## BAR SERVICE

Groups planning to serve wine, beer, and/or spirits at their catered event are required to:

- obtain a liquor license from the Saskatchewan Liquor and Gaming Association (SLGA) no later than **10 days prior to the event**; for off-site catering, groups are also required to obtain a permission letter from their venue two weeks prior to the event
- post the signed liquor license and receipts for alcohol at event
- provide a licensed bartender; we can connect you with this service if requested

## CORKAGE (*For On- and Off-site Catering*)

Pop, Juice, Glasses, Ice, and Napkins ..... \$2.00 per person  
Glasses and Ice Only ..... \$1.00 per person



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# From the Luther Bakeshop

## FRESHLY BAKED GOODS

Assorted In-House Made Cookies .....	\$12.00 per dozen
Mini Muffins.....	\$10.75 per dozen
Danishes .....	\$12.00 per dozen
Mini Butter Tarts.....	\$12.00 per dozen
Muffins .....	\$18.00 per dozen
Butter Tarts.....	\$16.50 per dozen
Banana or Lemon Loaf Slices.....	\$16.50 per dozen
Cinnamon Snails .....	\$19.50 per dozen
Rice Krispie Squares.....	\$18.00 per dozen

## SHEET CAKES\*

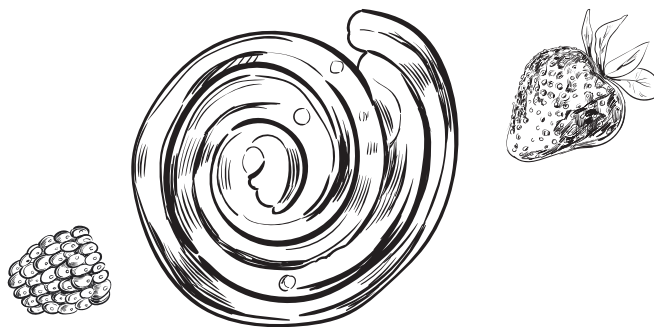
### Single Layer Carrot Cake with Cream Cheese Icing

Large (serves 70 – 90 people) .....	\$65.95
Medium (serves 50 – 60 people).....	\$45.50
Small (serves 30 – 40 people).....	\$29.95

### Single Layer White or Chocolate Cake with Buttercream Icing

Large (serves 70 – 90 people) .....	\$45.50
Medium (serves 50 – 60 people).....	\$29.95
Small (serves 30 – 40 people).....	\$21.95

\* Cakes can be personalized: simple decoration at no charge; elaborate decorations, please inquire.



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